



The National Council for Hypnotherapy
in conjunction with NCFE



The Hypnotherapy Practitioner Diploma

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Foreword from the NCH Training & Accreditation Officer

This booklet is designed to introduce to you the jointly accredited Hypnotherapy Practitioner Diploma (HPD). Both the NCFE and the National Council for Hypnotherapy bring you this credential in the interests of consolidating hypnotherapy training into an externally verified qualification. This is in line with most other health care professions.

Whilst this initiative was carried out by the National Council for Hypnotherapy, it is offered to the profession at large. Anyone with formal training in hypnotherapy is eligible to join the NCH as an associate while completing their HPD through production of a portfolio of learning.

I would hope that after looking at what the NCH has to offer, (if you are not already a member) you will choose to honour us with your support at the appropriate grade of membership.

Please look over all of the material in this booklet. If you have any questions we will be more than happy to assist you. Remember, we as an organisation, want to support you in earning this Nationally Accredited Award.

Yours truly,

John Harrington

MNCH(Reg); MPNLP; HPD; CertEd

NCH Training & Accreditation Officer

Hypnotherapy Practitioner Diploma

What is it?

The Hypnotherapy Practitioner Diploma (HPD) is a qualification instigated in June 2002 and accredited jointly by the NCH and NCFE. We believe the HPD to be the first open to all, nationally accredited Diploma in Hypnotherapy.

Why would I want this?

- Do you want a nationally recognised qualification?
- Do you want greater public acceptance for our profession?
- Do you want enhanced professional status?
- Do you want a qualification based on what you know and what you can do?
- Do you want to be an integral part of a major development in hypnotherapy?

If you answered "Yes!" to these questions, then you want the HPD!

How do I get it?

There are two routes to obtaining the HPD. The first is by completing a course at an accredited training school (these schools must adhere to all the criteria laid down by the NCH and NCFE before beginning to register students and award diplomas). The second is by producing a portfolio of work.

Route 1:

Hypnotherapy Practitioner Diploma: Accredited School Route

Schools accredited by the NCH offer the HPD to their students and have satisfied all the criteria laid down by the NCH and NCFE for the award of the HPD.

Schools must meet the UKCHO criteria for length of course, and suitability of trainers and must in addition commit to teaching the UKCHO core curriculum which has been adapted to create a series of learning outcomes which must be assessed in order for a student to obtain the HPD.

An up to date list of schools that have joined the scheme can be obtained from the NCH head office (see page 1 for contact details).

Schools will be regularly moderated and validated by both the NCH and NCFE to ensure high standards are maintained.

Students who attend courses run by these schools are registered for the HPD and on completion of the course and external moderation, certificates will be issued jointly by the NCH and NCFE.

Students will be trainee members of the NCH during their training, and will be encouraged to join as full members on qualification although, of course, this will not be compulsory.

Route 2:

Hypnotherapy Practitioner Diploma: **Portfolio Route**

If you are a practising hypnotherapist, this is the route for you. Here's what to do:

- Check the criteria on the next page so that you understand what is expected of you.
- Complete the Registration Form and return it, with payment, to the NCH
- You will then be allocated a Personal Tutor who will be available to assist you in the production of your portfolio, and be sent full details of the work required including question paper, essay questions etc.
- When you have completed your portfolio, send a copy of everything to the NCH
- We will then contact you as soon as possible with the outcome of your assessment. In the event that we do not feel your submission merits the qualification, you will be told why and given the chance to resubmit in part or whole

HPD: Portfolio Route: Criteria

- have formal training in hypnotherapy (supply relevant diploma(s)), **or** give evidence of having been in practice for a minimum of five years.
- sign the HPD Declaration.
- submit four 'Vignette' case studies of a minimum 800 words each. (The case histories are set out for you)
- answer a series of questions that cover all 80 Learning Outcomes
- submit a recorded first session of at least 45 minutes (this can be a role-play, or full permission of the client must be obtained)
- submit a 1000 word statement of personal and professional philosophy
- sign a statement of commitment to CPD and supervision/peer support (as appropriate commensurate with level of experience).
- submit a supervisor's report from a suitably qualified supervisor or trainer or HPD personal tutor.

Cost

£100.00 which includes the support of a personal tutor throughout the production of the portfolio, and the NCFE certification fee; or £50.00 if you do not require the support of a tutor.

Assessment

There are eight elements (four 'Vignette' case studies, question and answer paper, recorded therapy session, statement of personal & professional philosophy, supervision report). Each question of the short answer paper needs to be sufficiently evidence to meet the Learning Outcomes. All the Learning Outcomes need to be evidenced fully and cross referenced against the relevant section of the portfolio.

The NCH

“The Hypnotherapy Register” was formed in 1973 to create a national membership organisation for the professional practice of hypnotherapy, and was later renamed the National Council for Hypnotherapy. The NCH has been a members’ co-operative since August 1999.

The NCH is one of the largest societies of independent hypnotherapists in the UK and strives to maintain the highest standards among its members.

In order to join the NCH, therapists must have formal training in hypnotherapy, and prove their competence, either by completion of an accredited course or by successful completion of the independently verified HPD. Therapists operating outside the UK can join as International members provided that their National Body's membership criteria, complaints procedure and code of ethics meets standards approved by the NCH.

The NCH has a comprehensive Code of Ethics and Practice, and operates a highly effective complaints procedure.

The NCH is committed to providing a professional and unequalled service to its members, the public, the media and affiliates. We have a strong financial base and are committed to using our income for the benefit of our members and the profession as a whole.

As a co-operative, the NCH is owned by its members: the executive work on their behalf.

For further information see www.hypnotherapists.org.uk

NCFE

NCFE is an awarding body operating throughout the UK offering qualifications from pre-entry level up to and including level 4.

NCFE qualifications, schemes and awards are offered by colleges, private training providers, adult education centres, community groups, schools and businesses. Last academic year, over 150,000 people used their NCFE certificates to boost their career prospects, realise their ambitions and achieve their goals.

NCFE can trace their record of working with colleges and other providers back to their founding organisation, the Northern Union of Mechanics’ Institutes (NUMI), established in 1848.

NCFE’s earliest incarnation held lofty ambitions. Its first report declared its intention to ***“become a centre from whence the elements of knowledge and civilisation shall go on with an unceasing progress, conferring intellectual, scientific and moral blessings throughout the length and breadth of the Northern Counties.”***

From 1920, the Northern Counties Technical Examinations Council (NCTEC or ‘Northern Counties’ as it became affectionately known) supplanted NUMI and in 1981, the Northern Advisory Council for Further Education (NACFE), merged with the NCTEC to become the Northern Council for Further Education. When the further education sector was incorporated (made independent of the government) in the early 1990s the company felt the old name was incompatible with our new national focus and has since then been identified simply as NCFE with the letters no longer being an acronym.

For further information see www.ncfe.org.uk



Hypnotherapy Practitioner Diploma INDIVIDUAL PORTFOLIO ROUTE



REGISTRATION FORM (with NCH tutor)

BLOCK CAPITALS PLEASE

Title and full name:	
Address for correspondence:	
Post Code:	

Phone No's: (Home) _____ (Work) _____ (Mobile) _____

E-mail address: _____

Date of Birth: _____

Ethnic origin (*required by NCFE*) (please tick one)

- White Black African Black Caribbean Black Other
 Indian Pakistani Bangladeshi Chinese
 Other Decline to say

Further and Higher Education and Professional Qualifications:

Qualification	Awarding Body	Date
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I declare that the above information is correct. I understand that I can appeal the decision of the assessor, but that then the decision of the appeal process is final.

I enclose a cheque for **£100.00**, which I understand is non-refundable, or please charge my card:

Card No:	Exp date:
Name: (<i>exactly as it appears on the card</i>)	
Issue no: (Switch only)	Security Code: (<i>Last 3 numbers in the signature strip on the back of your card</i>)

Signature: Date:

Please return the completed form to:

NCH Admin, PO Box 14542, Studley, Warwickshire B91 9HH



Hypnotherapy Practitioner Diploma INDIVIDUAL PORTFOLIO ROUTE



REGISTRATION FORM (without tutorial support)

BLOCK CAPITALS PLEASE

Title and full name:	
Address for correspondence:	
Post Code:	

Phone No's: (Home) _____ (Work) _____ (Mobile) _____

E-mail address: _____

Date of Birth: _____

Ethnic origin (*required by NCFE*) (please tick one)

White Black African Black Caribbean Black Other
 Indian Pakistani Bangladeshi Chinese
 Other Decline to say

Further and Higher Education and Professional Qualifications:

Qualification	Awarding Body	Date
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I declare that the above information is correct. I understand that I can appeal the decision of the assessor, but that then the decision of the appeal process is final.

I enclose a cheque for **£50.00**, which I understand is non-refundable, or please charge my card:

Card No:	Exp date:
Name: (<i>exactly as it appears on the card</i>)	
Issue no: (Switch only)	Security Code: <small>(Last 3 numbers in the signature strip on the back of your card)</small>

Signature: Date:

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